

	Time	Media Type	Title	Context
Monday	10:00-10:40am	Music (Laptop)	Beyonce 'bday' album	While I was getting ready for uni I played the album through spotify on my laptop.
	10:40-10:45am	Social Network (Laptop)	Facebook	Talking to course friends on Facebook chat about where we will meet before the lecture.
	12:30-12:50pm	Social Network (iPhone App)	Instagram	In the cinema waiting for the film to start.
	12:50-2:00pm	Film (Cinema)	The Grand Budapest Hotel	In the cinema with my course friends.
	4:00-4:30pm	Social Network (iPhone Apps)	Facebook, Twitter and Instagram	Laid on my bed in my room checking my notifications and scrolling down news feeds.
	8:00-10:00pm	Film (Laptop)	Vantage Point	Watching a movie with my flat mates.
Tuesday	12:00-1:00pm	TV Programme (Laptop)	The Only Way Is Essex	In my room watching it on my own on my laptop but then connected it to my TV so it is a bigger screen.
	1:00-1:15pm	Social Network (Iphone App)	Instagram and Facebook	Checking my phone before I set off to the cinema.
	1:50-3:15pm	Film (Cinema)	300- Rise of an Empire	In the cinema with course friends.
	6:00-7:00pm	Music (Laptop)	Spotify Top 40	In my room listening to music whilst texting my friends
	7:00-7:10pm	Website (Laptop)	Moodle	Checking moodle for updates
Wednesday	12:00-1:00pm	Social Network (iPhone Apps)	Facebook, Twitter and Instagram	Talking to my auntie on Facebook chat, checking twitter and instagram newsfeeds
	5:00-6:00pm	Music (Laptop-YouTube)	Drake Album	Before setting off to Drake concert, listening to album with my boyfriend
	7:00-7:15pm	Social Network (iPhone App)	Facebook	Checking in at Phones 4 u Arena and posting photos
	11:30-11:45pm	Social Network (iPhone App)	Instagram	Scrolling down news feeds in bed, uploading photos from Drake concert
	12:40-1:40am	TV Programme (Laptop, online)	Dexter	In bed watching Dexter on my own

Thursday	11:00-11:40am	Music (Laptop-Spotify)	Spotify top 40	Getting ready for my seminar listening to music. Connected laptop to my big speakers
	3:00-4:00pm	TV Programme (Laptop, online)	Dexter	Watching Dexter on my own in my room
	5:00pm-5:20pm	Social Network (iPhone App)	Facebook	Scrolling down news feeds on my phone
	6:30-7:30pm	Music (TV)	Viva music channel	In the gym watching the music channel
	10:00-10:30pm	Social Network (iPhone App)	Instagram	Scrolling down news feeds on my phone
	11:00pm-1:00am	Film (Laptop)	Captain Phillips	Watching a film in my boyfriends room with my flat mates
Friday	2:00-3:00pm	TV Programme (Laptop- Online)	The Only Way Is Essex	On ITV player catching up on TOWIE
	5:00-6:00pm	Music (TV)	Viva music channel	In the gym watching the music channel
	6:45 -7:00pm	Social Network (Laptop)	Facebook	Talking to my auntie on facebook chat
	8:00-9:00pm	Music	YouTube	Getting ready to go out with my friends
Saturday	3:00pm-3:20pm	Social Network (iPhone App)	Facebook and Instagram	Uploading photos from last night on my phone
	5:00-5:30pm	Social Network (iPhone App)	Facebook	Scrolling down news feeds
	6:00-7:00pm	TV Programme (Laptop- Online)	Dexter	Watching Dexter with my boyfriend in his room
	7:10-7:30pm	Online (ipad)	ASOS Website	Online shopping on ASOS website, having a look around
	9:00-11:00pm	Film (Laptop-Online)	Gone	Watching a film with my friend
Sunday	2:00-2:15pm	Social Network (ipad app)	Facebook	Checking news feeds on facebook
	4:00-4:05pm	Online (iPhone)	Google- what time does the Arndale close	Checking Arndale opening times
	6:00pm-7:00pm	TV Programme (Laptop- Online)	Dexter	Watching Dexter in bed on my own
	10-12pm	Film	Shutter Island	Watching a film with flat mates